

The effects of guided imagery on comfort of women with early stage breast cancer undergoing radiation therapy

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The effects of guided imagery on comfort of women with early stage breast cancer undergoing radiation therapy. Katherine Kolcaba, PhD, RN (U of Akron) and Christine Fox, PhD, (U of Toledo) found guided imagery to be an effective intervention for increasing comfort and reducing anxiety in 53 women with early stage breast cancer undergoing Radiation Therapy. The investigators designed and recorded imagery specifically for this study. Subjects were most likely to listen just before a treatment.

Citation: Kolcaba K, Fox C. The effects of guided imagery on comfort of women with early stage breast cancer undergoing radiation therapy. Oncol Nurs Forum. 1999 Jan-Feb; 26(1):67-72